



# HOMEMADE SALT DOUGH

- 4 cups all purpose flour
- 1 cup table salt
- 1.5 cups water

Mix the ingredients in a large bowl with a wooden spoon.

When the mixture is too stiff to stir, knead with clean hands.

If it's too sticky, add flour one tablespoon at a time. If it's too stiff, add water one tablespoon at a time.

Knead 3-5 minutes until soft and uniform. Add food coloring and essential oils if desired.