Social and Emotional Learning provides age-appropriate, research-based violence prevention material that supports teachers, classrooms, and students by promoting the healthy social development and coping skills children need to thrive.

FOR MORE INFO:
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SECOND STEP® SOCIAL & EMOTIONAL LEARNING (SEL)
Kindergarten - Fifth Grade

Education Program Partners:
AmeriCorps
Children's Services Fund of Jackson County
Helping kids develop skills to foster resilience and strengthen communities.

Unit 1: Growth Mindset & Goal Setting
Unit 2: Emotion Management
Unit 3: Empathy & Kindness
Unit 4: Problem Solving

Each unit contains four 20- to 30-minute sessions and one smaller lesson, offered weekly over a period of 20 weeks.

Accompanying learning sessions for sixth-eighth grade students and adults/teachers are also available.

BACKED BY research

SEL encourages positive youth development, leading to greater positive social behavior and academic success, and reduced conduct problems, emotional distress, and drug use. 1

1 Taylor, Oberle, Durlak, & Weissberg, Promoting Positive Youth Development, 1156-71.