



Stockings of hope

2021

The past year and a half has been especially tough for children and families in our community, but CAPA knows that families are able to do their best when they feel supported! This year, **hope** means a way to re-connect and enjoy some stress-free time together. This holiday season, gather your friends, family, and colleagues and help us show the families we serve in our prevention and counseling programs that we care.

HOW TO Participate:



Get creative! Pick up a gift bag, big popcorn bowl, bucket or basket of your choice to fill up with family night goodies.



Fill it with these suggested items to help children and their caregivers enjoy some family fun together during winter break.



Let us know you're participating!
Megan Campbell,
CAPA Community Relations
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What to include:

favorite board game

card game or deck of cards

popcorn

popcorn seasoning

cozy blanket

movie theater candy

gift card for
pizza or redbox
movie rental

Drop off completed family basket donations at CAPA (by appointment) December 1-3.

CAPA will add a personalized stocking tag to your basket and
deliver with care **to a family before the holidays.**

capa

CAPA's mission is to prevent and treat all forms of child abuse by creating changes in individuals, families and society that strengthen relationships and promote healing.

capacares.org

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