

CaPa

Healing Hearts and Homes 



2016 Annual Report

In 2016,
CAPA lifted the
hearts of more than

1,340

children & adults



* This total may include some duplicated counts as several individuals participated in multiple CAPA programs.



Message from Executive Director

Rochelle Parker



This year at CAPA has been a busy one! Key staff along with the board were able to complete a two-year strategic planning process funded by the H&R Block Foundation and facilitated by iBossWell. CAPA welcomed several new program staff to the agency increasing our capacity to serve more children. And we were able to maintain stable funding in an ever changing environment from local foundations, businesses, and individuals. We were even fortunate enough to have new supporters join us in our mission to prevent child abuse.

We had *more than 150 volunteers* give their time to our mission. We raised *more than \$110,000 in unrestricted donations* to support what was needed most around CAPA. We received another in *\$25,000 of in-kind donations*. We partnered with 10 colleges and universities to host 31 interns equalling *over \$235,000 in in-kind specialized services*. We are growing and we are becoming more stable at the same time!

Our community supported the establishment of the Children's Services Fund which will help agencies like CAPA continue to grow our services to meet the needs of our neighbors in Jackson County. CAPA explored a strategic partnership with another local agency and through that process became more confident in our role in the community. CAPA is getting its stride back and we have all of our stakeholders to thank!

On behalf of our staff, thank you for all you did last year to lift us up as we worked tirelessly to bring hope and healing to hundreds of local children and families. Thank you for your random acts of kindness and for your intentional engagement with our mission. There is so much more to do and it all seems possible with you on our side!

Rochelle Parker



CAPA invests in children & families so they can **heal & reach new heights!**

Our Mission

CAPA strives to prevent and treat all forms of child abuse by creating changes in individuals, families and society that strengthen relationships and promote healing.

2016 Financials

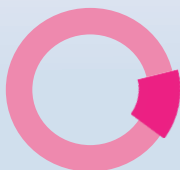
Operational Expense Percentages



74%
Program Expenses



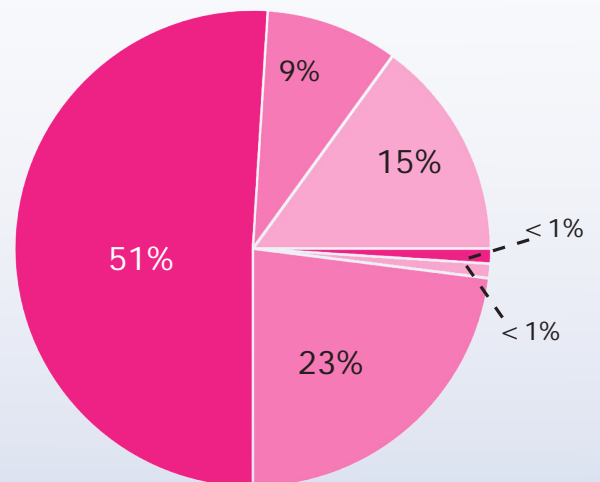
18%
Administrative Expenses



8%
Fundraising Expenses

* A copy of CAPA's Audited 2016 Statement of Activities is available upon request.

Operational Revenue Percentages



51% Government contracts
15% Restricted contributions
9% Unrestricted contributions
<1% Special events
<1% Fees for service
23% Interest, Dividends and other income
(inc. in-kind specialized services)

Counseling Services



857 individuals received
counseling support

CAPA's wish is that no child will ever have to know what it is like to experience abuse. But until that day comes, our doors are open 7 days a week to provide individual, family and group counseling to children and their families who have experienced the traumas of abuse and neglect. We believe no family should have to face this challenge alone.

Children and individuals are given a voice through an array of trauma-focused therapies including art, play and hypnotherapy in order to tell their story and begin to heal. Adult survivors of abuse are also able to come together to encourage and support each other through our psycho-education groups, such as Women's Empowerment Group, Journey group for teen girls, and families are able to come together as a unit through our HEAL (Healing through Education and Love) Group.





CAPA understands that parenting is hard, even in the very best of circumstances, and sometimes parents need a helping hand.

Our Healthy Families Jackson County™ home-based program aims to reduce the risk factors that could lead to adverse childhood experiences, such as child abuse and neglect. Our caring case managers work closely with the families to help promote family resiliency and healthy parenting skills. Through this program, families are connected to additional social and tangible resources and supports while increasing their knowledge of age-appropriate expectations for their children.

304 individuals received guidance in developing skills for building family strength & success



Family Support Services

Prevention Education Services

179 individuals participated in CAPA's educational & outreach programs

CAPA works to achieve the goal of strengthening families and increasing knowledge of the many ways to recognize and prevent child abuse by offering a variety of educational classes and seminars to the community.

Whether it is providing parents and guardians with alternative communication and discipline solutions for their children, visiting local schools promoting anti-bullying and safety skills to kids and teens, or supplying knowledge and tools to professionals through Mandated Reporter Trainings, CAPA is diligently working to prevent abuse through education and outreach. CAPA believes that each member of our community plays an important role in the prevention of child abuse.





Message from Board President

Kirk Beye



As CAPA's Board President, I am afforded the honor of speaking on behalf of the full Board of Directors, the staff, the interns and the volunteers that work for and support this great organization.

To me, CAPA is like "The Little Engine That Could." For over 42 years, CAPA has faced the task of becoming a vibrant, stable and thriving agency. Regardless of the challenges that it has faced, CAPA has worked faithfully toward this goal. As CAPA moves into its fifth decade I am excited about where it has been and where it is going.

Over the years CAPA has developed a culture that is hopeful, resilient, believes in people and is always looking to the future and what is possible. Also, CAPA continues to work to refine its day to day processes and to develop tools and resources to improve its competency and strengthen its people. I want to express my gratitude and appreciation to everyone for their support of CAPA in these endeavors.

2016 was a great year of growth and opportunity for CAPA. Some of the highlights include; Facility upgrades, the addition of new staff members, expanding financial support and the completion and implementation of our Strategic Planning project.

It is through the efforts of countless individuals that these opportunities, and the longstanding tradition of CAPA's mission, were made possible. Thank you for helping CAPA grow and expand its capacity to fulfill its mission. This capacity to keep going and to improve the lives of children and families is what excites me most about CAPA and its future.

Kirk Beye





“CAPA stuck with me through some of the hardest times of my life and helped me blossom into a strong and capable mother. Thank you, CAPA.”

- CAPA client

2016-2017 Board of Directors

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Kirk Beye, **President**
Tom Seck, DO, **VP Programs**
Angie Volkmer, **VP Resource Development**
Kelle C. Gilmore, **VP Governance**
Jill Esry, **Secretary**
R. Scott Smith, **Treasurer**

Jennifer Oswald Brown
Moore Paialii
Merideth Parrish
Billie Preston
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Kristina Brown, **Program Director**
Amanda Hallier-Jackson, **Development & Communications Dir.**
Melody Morgan, **Program Development Director**
Susan Ruddell, **Office Manager**



capacares.org

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