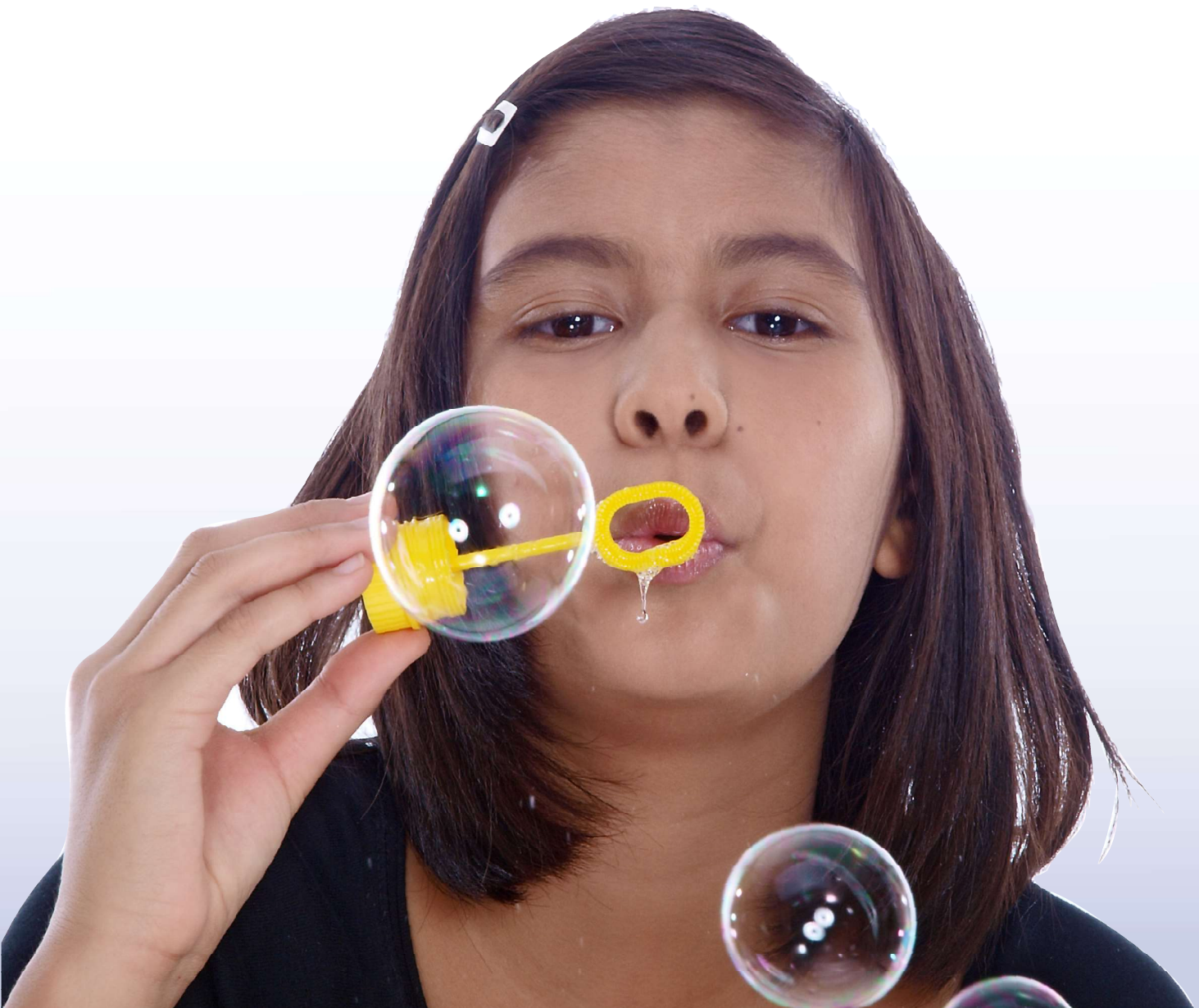


CaPa

Healing Hearts and Homes 



2018 Annual Report

In 2018,
CAPA lifted the
hearts of more than

948

children & adults



** This total may include some duplicated counts as several individuals participated in multiple CAPA programs.*



Message from Executive Director

Rochelle Parker



CAPA was recently named the 2018 Non Profit of the year in Independence! Receiving that award was such an honor. In our award video, a CAPA employee says, “We always knew we were great - it is nice to know others think we are great!” Her statement is a sentiment we all share. There is no better place for children and families who need support through trauma than CAPA!

Since 1975, CAPA has been a premier agency serving families in Jackson and the surrounding counties. We’ve come a long way from being a volunteer-run organization, but our past sets the stage for our future. In 2018, we completed over \$150,000 in facility upgrades with another \$100,000 planned for this year. We plan to expand our Kansas City office, our family support team is the largest it’s ever been, and we have added other positions necessary to meet the needs of the community.

With the help of supporters like you, we are growing at a pace that is healthy for us, while maintaining a culture of compassion. Because you and others believed in us, we grew. Because you and others cheered us on, we grew stronger. And because you continue to have faith in us, we are grateful!

On behalf of the staff and interns at CAPA, we thank you so much for your continued support. We couldn’t do this work without you!

Rochelle Parker



CAPA invests in children & families so they can **heal & reach new heights!**

Our Mission

CAPA strives to prevent and treat all forms of child abuse by creating changes in individuals, families and society that strengthen relationships and promote healing.

2018 Financials

A copy of CAPA's Audited Financial Statement is available upon request.

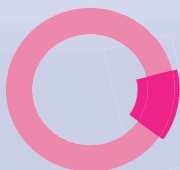
Operational Expense Percentages



79%
Program Expenses



16.5%
Administrative Expenses



4.5%
Fundraising Expenses

Operational Revenue Percentages

59%
Government Contracts

15%
Restricted Contributions

5%
Unrestricted Contributions
<1% Special Events
<1% Fees for Service

21%
In-Kind, Interest and Other
Income

\$204,140.31 was expended on capital improvements to ensure a safe, comfortable environment for children and families seeking services.

Counseling Services



581 individuals received
counseling & crisis support

CAPA's wish is that no child will ever have to know what it is like to experience abuse. But until that day comes, our doors are open to provide individual and family counseling to children and their families who have experienced family trauma, abuse, or neglect.

We believe no family should have to face this challenge alone.

Children and individuals are given a voice through an array of trauma-focused therapies including art and play therapy so they can tell their story and begin to heal.





CAPA understands that parenting is hard even in the very best of circumstances, and sometimes parents need a helping hand.

Our Healthy Families Jackson County™ home-visiting program aims to reduce the risk factors that could lead to adverse childhood experiences, such as child abuse and neglect. Our caring case managers work closely with the families to help promote family resiliency and healthy parenting skills. Through this program, families are connected to additional social and tangible resources and supports while increasing their knowledge of age-appropriate expectations for their children.



110 individuals received guidance in developing skills for building family strength & success

Family Support Services

Prevention Education Services

257 individuals participated in CAPA's educational & outreach programs

CAPA works to achieve the goal of strengthening families and increasing knowledge of the many ways to recognize and prevent child abuse by offering a variety of educational classes to the community.

Whether it is providing parents and guardians with alternative communication and discipline solutions for their children, visiting local schools promoting safety skills with kids and teens, or supplying knowledge and tools to professionals, CAPA is diligently working to prevent abuse through education and outreach. CAPA believes that each member of our community plays an important role in the prevention of child abuse.





Message from 2018 Board President

Kirk Beye



I recently attended a concert featuring Lyle Lovett. While listening, I was inspired by one of the songs he sang. It had these closing lyrics;

*"So hear my words with faith and passion
For what I say to you is true.
And when you find the one you might become
Remember part of me is you."*

During the last six years I have served on CAPA's Board of Directors. In that role, I have devoted my time, talent, and resources to help CAPA so that CAPA might better serve others in need.

It is my privilege to support the staff and volunteers that work at CAPA. Together, they have created a culture of service and support that is a positive and vibrant force for good in our world.

I encourage each of you to find and support worthy programs like CAPA. You will be empowered and motivated to strive with them; to make our world better.

"Remember part of me is you...."

Kirk Beye





“CAPA stuck with me through some of the hardest times of my life and helped me blossom into a strong and capable mother. Thank you, CAPA.”

- CAPA client

Board of Directors

Executive Committee

Kirk Beye, **2018 President**
Merideth Parrish, **2019 President**
Angela Volkmer, **VP Resource Development**
Kelle C. Gilmore, **VP Governance**
Jill Esry, **Secretary**
R. Scott Smith, **Treasurer**

Jennifer Oswald Brown
Shanna Dennie
Mary House
Katie Rooney, J.D.
Emily Snow

Administrative and Leadership Team

Rochelle Parker, **Executive Director**
Kristina Brown, **Program Director**
Megan Campbell, **Development & Communications Director**
Melody Morgan, **Program Development Director**
Susan Ruddell, **Office Manager**



capacares.org

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